



OWNER'S MANUAL

Welcome to the Strider™ running bike extended family. We've worked hard to design a lightweight, feature-rich, user-friendly bike at an affordable price. We want this to be a great experience for you and your child. If you have any questions or problems, please contact the Strider office directly using the information below. Please read through this owner's manual as it contains important information about certain features of the Strider™ running bike. Some of these features may not be the 'norm' for the bicycle industry but we've found them to be the best for very young riders.

The stiff steering on your bike is by design... we call it our Progression Headset™ system... the bushings start out tight and loosen up with use. This matches the child's development. A very young child sometimes forgets to keep hands on the handlebar and the Progression Headset™ bushings help to keep the bike stable in this situation. The bushings loosen up for quick steering response with use... just as the child's skill level increases with use. This bushing/handlebar clamping system is also 28% lighter than the 'normal' steel bearing headset with wedgebolt handlebar clamp.

No steering limiter is built into our design, meaning the handlebar turns freely with no stop. This is intentional as it prevents a hand grip from getting jammed into a little tummy in the event of a fall. And, it keeps a child from mistakenly learning to rely on a stop or limiter to control steering. Our design teaches children from Day 1 that they are fully responsible for steering the bike.

EVA polymer tyres are a unique feature of this bike. This tyre/wheel choice is 48% lighter than the typical steel spoked wheel with inner tube and tyre. This weight savings is a fundamental performance feature of our bike. This polymer material is extremely durable, lightweight, and offers excellent traction on a wide variety of surfaces. And, it means the bike is always ready to ride... no pumping, no flats... EVER!

Two options you may want to consider as your child grows in height and riding skill, are found in our online store. First, you'll find an XL seat post that will allow the seat to be raised an additional 76mm for a taller child. Second, you'll find a brake kit that can be added for experienced riders wanting to learn more advanced skills of foot control, braking, speed modulation, and skidding. For new riders, the feet-on-the-ground braking method is best... really young children will be confused by the brake until they have mastered riding the bike.

Register your Strider™ running bike after assembly. The serial number for your bike is stamped into the steering headtube of the frame. After noting the number, log on to www.stridersports.com.au and click Register Your Bike. If you ever need to know the Run Number or Manufacturing Date of your bike, simply contact us with your serial number.

Teaching your child to ride a Strider™ running bike is easy... just assemble it and hand it to them! Children instinctively know to throw a leg over the saddle and go. If you feel you need to 'spot' them or help them, try not to hold the bike for them... you can walk next to them and hold their shirt or walk behind them and support them at the shoulders but try not to hold the bike. This allows them to FEEL what the bike is doing and this advances their understanding of the bike and how the bike steers and balances. If you hold the bike, they will simply rely on you to support the bike which is counterproductive to the goal. Let them FEEL the bike and they'll be riding in no time! We encourage you to show your child some of our videos; it is a great way for them to 'learn' how to ride the Strider™ running bike as they watch other little kids run, ride, and glide. Most importantly, praise and encouragement are the best 'coaching'. Enjoy!

Sharing the experience of your child on the Strider™ running bike is always appreciated. Please send us comments, photos, and videos that you think might be of interest to us and to parents considering the balance bike concept for their child. Please send to info@stridersports.com.au and we'll post to our blog. While there, sign up for our e-newsletter (don't worry we won't sell your info or overwhelm your inbox). This is simply a great way for us to notify our customers of any product updates and announcements.

Warranty... Strider™ running bikes are guaranteed for one year from date of purchase. Defective parts and errors of manufacture will be fixed or replaced free of charge. Tyres, grips, and saddle coverings eventually wear out and are not included in this Warranty. The bottom line, though, is that we want your child to have a great experience on this bike and you to be satisfied with the product. We welcome feedback and will quickly respond to warranty issues. If you are not satisfied for any reason, PLEASE contact us. If you wish to return your Strider™, you will need to request a Return Authorization number... again, contact us and we will be happy to assist.

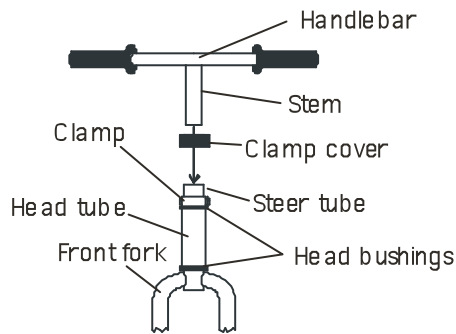
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For additional information,
please visit www.stridersports.com.au

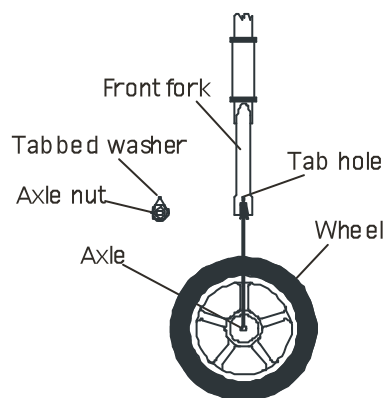
Designed in Rapid City, South Dakota, USA / Manufactured in China

ASSEMBLY INSTRUCTIONS

1. Place the plastic clamp cover on the handlebar stem and insert the stem into the steer tube and clamp. Adjust the handlebar height and alignment, then tighten the clamp nut with the included 14mm wrench until handlebar is secure. NOTE: Push down on the clamp while tightening the clamp nut to squeeze the head bushings thus removing any play from the steering assembly.



2. Insert the axle into the slots on the front fork as shown. Place the tabbed washers, flat washers, and acorn nuts onto the axle ends and hand tighten. Make certain that the safety tabs of the tabbed washers fit into the tab holes of the front fork. Tighten the axle nuts with the included 14mm wrench.



3. Both the saddle height and the handlebar height are adjustable and must be set to accommodate the rider size. With both feet flat on the ground, the rider should have a slight bend in his/her legs when seated. Handlebar height should be similar to saddle positioning... if saddle is low, set handlebar to a low setting; if saddle is high, set handlebar toward its upper limit; etc.

NOTE: Children grow quickly and will probably need saddle and handlebar heights adjusted upward every month or so as they grow. If you are using one bike for multiple children and need to adjust saddle height frequently, we offer a quick release lever in the Parts section of our online store, otherwise, we recommend keeping the bolt design since it keeps the adult in control of saddle height and keeps other kids from adjusting the bike and then leaving the saddle height improperly set for the intended rider.

SAFETY AND SUPERVISION



WARNING:

TO AVOID SERIOUS INJURY: continuous adult supervision is required; never use near steps, sloped driveways, motor vehicles, hills, street, alleys, swimming pool areas; always wear shoes and a properly adjusted helmet. Gloves are also a good idea. Never allow more than one rider. Riding is hard work and children should be physically able to control the bike.

This is a partially assembled running bike requiring assembly by a skilled adult according to instruction manual.

Caution: Alloy running bike parts can be damaged by over-tightening!

APPROPRIATE AGE / WEIGHT

3+ years old. Maximum rider weight: 50 pounds / 23 kg.

SERVICE AND BASIC MAINTENANCE

Maintaining your running bike:

- Bikes perform best when they are kept clean, lubricated and serviced regularly.
- How much of your running bike's service and maintenance you can do yourself depends on your level of skill and experience, and whether or not you have the special tools required.



Some bike service and repair tasks require special knowledge and tools. Do not begin any adjustments or service on your bike if you have doubt about your ability. Unauthorized or incorrect service and repairs may void product warranty.

Cleaning:

- Mud and dust can be highly abrasive. Regular cleaning will help maintain your running bike in good condition.
- After washing, always dry your running bike and spray lubricant on front and rear axle/wheel bearings (both sides of wheel) to prevent rust. Wipe off any excess lubricant.

Lubrication:

- Keep your running bike regularly lubricated for good performance and durability.
- Lubrication reduces friction and helps protect against rust.

- All bearings and other moving parts require regular, appropriate lubrication.
- Use oil or synthetic lubricant for front and rear wheel bearings, spray lubricant can be used. Wipe off excess lubricant.

Monthly service chart:

- Monthly servicing of your running bike is recommended. This consists of lubrication and adjustment of components.

Tyres:

- Clean the tyres and inspect tread for wear.
- Remove any debris from tread or sidewalls.

Wheels:

- Clean rims and check they are not cracked or broken.
- Check rims for trueness.

Hubs:

- Check front and rear hub bearings for excess play or binding. Adjustable cup-and-cone bearings may be tightened or loosened as necessary.
- Check hubs are correctly lubricated.
- Tighten hub axle nuts.

Headset:

- Apply small amount of lubricant to handlebar/stem during assembly to aid in installation.
- Check headset for excess play or binding.
- Check that the clamp nut is tight.

NOTE: Plastic bushing design is naturally stiff at first, acting as a steering damper. This keeps the steering from reacting too quickly for a beginner rider if they happen to let go of the handlebars with one or both hands. As the rider skill increases and riding speeds increase, the bushing headset will also be through its 'break-in' period and the steering speed will increase.

General:

- Check frame alignment and all the tubes for dents or damage.
- Check all bolts and nuts are secure. Tighten bolts with the correct tools.

Storage:

The best protection for your running bike is to store it under cover in a dry environment and away from corrosive materials such as battery acid and swimming pool chemicals. Thoroughly dry off your running bike after use in wet conditions. Wax or lubricate as required. In a salty environment take extra care with any metal parts. Wash off any salt deposits; dry and lubricate as necessary.



Failure to follow this procedure may lead to rust and corrosion of metal parts.

NOTICE: PLEASE RETAIN THIS OWNER'S MANUAL FOR FUTURE REFERENCE INCLUDING THE NAME AND ADDRESS OF THE IMPORTER/MANUFACTURER. Rev. 20090716